



Lincolnshire School Games

Virtual Events

Secondary Dance: *Dancing on Ice-olation*

You can submit your entries from Monday 20th April through to Friday 1st May 2020.

Important information

1. These are solo routines
2. You should use the starters in the pack then add your own content
3. Read the pack, in the link below, so that you understand the content and the judging criteria
4. Your video could go towards a Lincolnshire County Final

Equipment needed

1. Music - your choice but keep it clean
2. Phone or Tablet to record it
3. If you are under 13, you will need your parent/guardian to submit your entry for you.

Inclusive! How can you get involved?

Space

Indoors or out – just check there is nothing that can hurt you

Task

Seated routines are acceptable for wheelchair users

Equipment

There is no need to use props in these routines. Poms? – be creative!

People

These must be solo routines. Make sure nobody is in the background

To submit your content, click on or scan the QR code below



How?

[Android](#)

[iPhone](#)

Click here to see how to share content via your [Android](#) or [iPhone](#) device

Keeping young people active

More information on this activity: Video clips and explanations

All of the information that you need can be found here:

[Click or scan here for the virtual event pack](#)

It includes links to YouTube clips to show you how to start your routines, scoring criteria and more...



Have you checked our safeguarding advice?

Click or scan here for more information



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