

## COCONUT SHY

### How to

- Place one of your balls on top of one of your cones - this is the coconut (target).
- Set up your 2 other cones 3m and 5m away from the coconut.
- Stand at your chosen 3m or 5m cone, place your second ball just to the side, and kick the ball to try and knock down the coconut.
- A successful shot from 3m scores 1 point and a successful shot from 5m scores 3 points.
- You can change markers for every shot if you want to.
- You have 5 attempts to score as many points as you can.

### Equipment needed

- Balls x2
- Cones x 3
- Tape measure

### Scoring

- Add up the total number of points you score with your 5 shots.
- Top score = 15 points.

### School Games Value

- Passion.
- Give 100% effort!
- Give it your best.

### School Games Leadership

- Use leaders to set up the activity, demonstrate how it's done, count the score, encourage participants, coach the top tips, write down the scores.



### Top Tips

- Focus on being as accurate as possible.
- Take your time.
- Review your effort each time - did you use the correct amount of force?

Video link: <https://youtu.be/BZz3t6vHMwc>