

7 BEAN BAG TOSS

Years 1&2 / P1, 2&3: Throwing Underarm

Activity Challenge

- Place a bucket on the floor
- Place a spot 2m from the bucket
- Pupil 1 starts on the spot and throws the bean bags underarm aiming to land them in the bucket
- Pupil 2 collects the bean bags for Pupil 1 as quickly as they can and counts how many times the bean bags land in the bucket

To make it harder

- Move further away from the target
- Make the target smaller

To make it easier

- Move closer the target
- Make the target bigger

Scoring

- How many times can you throw the bean bag into the target in 1 minute?



Equipment:

- ◆ 3x Bean bags
- 1x Spot
- 🪣 1x Bucket (or a hoop could be used)

