



Agilitas Sports

Spring 2021

School Games - Tri Golf Challenge

What is the School Games?

The School Games is a national program, funded by the government, to use the power of sport and competition to improve health and happiness. Our aim is to get young people involved in sport and exercise by taking part as well as through volunteering and leadership.

Why now?

Lockdown has had a terrible impact on young people's health and happiness, We need to get our children moving and laughing again.

Why golf?

For most pupils it's a new experience so it's exciting and different. There is a lot of running about but it also requires patience, control, perseverance, honesty and teamwork.

Is this covid secure?

Pupils are lined up in queues 2m apart. They take turns, run to collect their ball and run back. A few balls and clubs are shared but disinfected between groups. Pupils wash their hands before and after the activity. The activity is outdoors.

Want to know more?

Full details can be found [HERE](#) plus lots of other ideas and challenges to keep active.

Why take part?

As well as helping pupils stay active we hope they will have a really fun experience with their friends. Like all our events this is open to all 62 of our schools. Where possible we will come in and deliver it for free for you. If schools don't have the equipment we can loan it. We have some FANTASTIC prizes lined up thanks to The Golf Foundation, Burghley Park Golf Club, Spalding Golf Club and Agilitas Sports.

Rupert Gibson
School Games Organiser
Lincolnshire South East

Dedicated to improving health and happiness through
physical education, sport and physical activity.

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